

## Mouthguard Information

### Mouthguard Features

Wearing an appropriately designed mouthguard whilst participating in sport will assist against dental injuries. All ages involved in sports and activities where there is a risk of an injury to the face should protect their teeth with a properly fitted mouthguard.

A protective mouthguard should:

Be comfortable but still be tight fitting

Allow normal breathing and swallowing

Allow normal speech

Not cause gagging

Be odourless and tasteless

Be thick enough to provide protection against impact

### Things to remember

Sport, leisure and recreation activities are the most common cause of dental injuries. A custom fitted mouthguard is the best protection for your teeth, lips and jaw. The cost of an injury far exceeds the cost of a mouthguard. Remember with care and protection natural teeth should last a lifetime. So give your teeth a sporting chance. Wear a mouthguard.



Mouthguards are available in single or multiple colours including AFL club colours.

ROSANNA  
DENTURE CLINIC  
Your Perfect Smile

[www.rosdc.com.au](http://www.rosdc.com.au)

Ph: 9458 1199  
Level 1, Suite 101  
40 Burgundy Street  
Heidelberg  
Vic. 3084



## PROTECTIVE MOUTHGUARDS

### Mouthguard information

A mouthguard, custom fitted can reduce the risk of dental injuries. Sport, leisure and recreation activities are the most common cause of dental injuries. People under 25 are most at risk. Dental injuries can be painful, disfiguring and expensive to treat, they may result in time off work or school to recover and long and expensive dental treatment. A mouthguard will help protect against dental injuries.

### First Aid Tip

If a tooth is accidentally damaged from impact it is wise to leave the mouthguard in position and attend a professional immediately.

If a tooth is dislodged it should be rinsed in milk and placed back into the socket or kept moist and wrapped in plastic.

Seek professional help immediately



**Please present this form on registration day**

**Request for a Professional Fitted Mouthguard**

Name:..... D.O.B:.....

Age Group: Under .....

Address:.....

Phone:..... Mobile: .....

Email:.....

Colour/s of Mouthguard.....

Do you suffer from asthma or any allergies?    No    Yes (please list)

.....  
.....

**Parent's Authority if under 18.**

I,.....authorise and request that my child receive treatment for a Professional Custom Fitted Mouthguard by Rosanna Denture Clinic.

Signed:.....

Date:.....

Discounted Cost of \$90.00 applies only to mouthguards on Registration Day. \$10 from the cost of each mouthguard will be donated to your football club by Rosanna Denture Clinic.

**CASH OR CREDIT CARD ONLY**

For payment by credit card please complete:

Master Card       Visa

**Card No:**

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Expiry \_\_\_\_/\_\_\_\_ (month/year)

Signature:.....

Card Holder's Name: \_\_\_\_\_